PALACE TOURS
Travel Like Royalty

PALACE TOURS

La Dolce Vita Orient Express: Sicily to Rome via Naples

2 Nights • Luxury Experience

www.palacetours.com travel@palacetours.com 786-408-0610

www.palacetours.com travel@palacetours.com 786-408-0610

ABOUT THIS TOUR

Overview

A one-way journey from Palermo north to Rome, starting with the best of eastern Sicily and finishing on the mainland. The train leaves Palermo Centrale in the morning, tracing the island's coast while lunch by three-Michelin-starred Chef Heinz Beck is served.

In the afternoon you arrive in Taormina, with time to explore the town and the hilltop village of Castelmola above it. On day two the train is carried onto a ferry for the crossing of the Strait of Messina before continuing to Naples for an afternoon in the city. The journey ends in Rome on day three. Ideal for travellers finishing a holiday in Sicily who would rather not fly back to the capital.

Hotel on us: book this journey with Palace Tours and choose a hand-picked hotel in Palermo before and/or in Rome after your journey.

DAY BY DAY

Your Itinerary



DAY 1

TAORMINA

At 10:30 AM, the train departs from Palermo Centrale, tracing the island's rugged coastline as Sicily's landscapes unfold outside your window.

Lunch is served on board: a celebration of Italian culinary heritage reimagined by 3-Michelin-starred Chef Heinz Beck, crafted from seasonal ingredients that echo the regions you traverse.

In the afternoon, the train arrives at Taormina station. Local hosts greet you on the platform and accompany you to the heart of this charming town. Enjoy free time to stroll the elegant streets, admire sweeping views of the Ionian Sea and Mount Etna, or choose from a selection of curated à la carte experiences.

As evening falls, rejoin the train for the next stage of your journey. Dinner is served on board: a multi-course gastronomic experience paired with exceptional wines and followed by live music in the Bar Car, creating the perfect backdrop for a nightcap as the train glides through the Sicilian night.

DAY 2

NAPLES



Wake up to the gentle rhythm of the train and enjoy breakfast in your cabin or in the elegant Restaurant Car.

In the morning, the train gets dismantled and carried onto a ferry: from the deck you can experience the breathtaking passage across the Strait of Messina, where sparkling waters dramatically divide island and mainland.

Lunch is served on board, featuring a refined menu by Chef Heinz Beck, inspired by the flavors of southern Italy and the freshest seasonal ingredients.

In the early evening, the train arrives at Naples. Local hosts welcome you and accompany you to the vibrant heart of the city. Spend the evening at your leisure: explore historic streets, savour a curated dining experience, or simply soak in the lively atmosphere.



DAY 3

ROME

Begin your day with a leisurely breakfast, served in your cabin or in the elegant Restaurant Car. Freshly baked pastries, seasonal fruits, artisanal cheeses, and expertly brewed coffee provide a gentle start to the morning.

As the train glides into Roma Ostiense in the late morning, the Eternal City reveals itself through sunlit streets, historic architecture, and the promise of new discoveries.

The journey concludes here, yet its essence remains – in the flavors you have savored, the landscapes you have witnessed, and the quiet luxury of time spent in motion.

Tips & Travel Guide

Extend your journey

You can add days in Palermo before the train and in Rome after it. Here are three suggested lengths:

- **4 days:** 2 days before the train and 2 days after
- **5 days:** 2 days before and 3 days after
- **6 days:** 3 days before and 3 days after

Before the train: Palermo

- **Day 1:** Arrive in Palermo and transfer to your hotel. In the evening, stroll the old town and try Palermo's street food.
- **Day 2:** See the Norman Palace and the Palatine Chapel, Palermo Cathedral and the golden mosaics of Monreale Cathedral.
- **Day 3 (6-day option):** Spend the day in Cefalu, with its Norman cathedral and old town by the sea.
- The next morning, transfer to the station to board La Dolce Vita Orient Express.

After the train: Rome

- **Day 1:** Transfer privately from the station to your hotel. In the evening, walk to Piazza Navona, the Pantheon and the Trevi Fountain.
- **Day 2:** Visit the Vatican Museums, the Sistine Chapel and St Peter's Basilica with a private guide.
- **Day 3 (5- and 6-day options):** Spend the morning at the Colosseum and the Roman Forum, and the evening in Trastevere.
- The next day, transfer to the airport or your onward train.

We arrange the hotels, private transfers and guides around your train dates, and we can change any day to suit you. Prices are on request, and we have special offers on add-ons for this journey.

To request an extension, send us the enquiry form on this page and tell us which option you would like, or call 800-724-5120 (toll-free in the US) or +1 786-408-0610 from outside the US. You can also message us on WhatsApp at +1 786-408-0610.

IMPORTANT INFORMATION

Terms & Conditions

Booking & Payment

- **Deposit:** 30% of the total tour cost is due at the time of booking. The deposit is non-refundable.
- **Final payment:** the balance is due no later than 125 days before departure.
- Bookings made within 125 days of departure are payable in full at the time of booking.
- Fares are per person. Your written confirmation shows the exact amounts and due dates.

Cancellation

- **125 days or more** before departure: 30% of the total tour cost (the deposit)
- **Less than 125 days** before departure: 100% of the total tour cost

Changes

- **Date change:** free of charge, subject to availability, when requested 125 days or more before departure; after that, a fee of 15% of the total tour cost applies.
- **Cabin upgrade:** only the fare difference between cabin categories applies.
- **Cabin downgrade or passenger name correction:** free of charge up to 35 days before departure; within 35 days, EUR 500 per change.

Changes or cancellation by the train operator

If the train operator cancels or materially changes a departure, you will be offered a new date or an amended booking, a credit toward a future journey, or a refund of the amounts paid.

All cancellation, change, or update requests must be submitted in writing by email to travel@palacetours.com. A request takes effect only once we have received and processed it, and we will confirm the outcome to you in writing. Timeframes are calculated by reference to local time and business days at the destination; a request received outside business hours is treated as received on the next business day.

We strongly recommend purchasing travel insurance, including cancellation cover, from the moment you pay your deposit. For information on available plans, please visit www.palacetours.com/insurance.

COMMON QUESTIONS

Frequently Asked Questions

What is the route of the Sicily to Rome journey via Naples?

It is a 3-day, 2-night one-way journey running Palermo - Taormina - Naples - Rome, with both nights on board. You leave Palermo on the first morning, spend an evening in Naples on the second day, and arrive in Rome on the third. The train crosses from Sicily to the mainland by ferry on the way.

What time does the train leave Palermo, and what happens on day one?

The train departs Palermo Centrale at 10:30 in the morning and traces the island's rugged coastline. Lunch is served on board with a menu by three-Michelin-starred Chef Heinz Beck built on seasonal ingredients from the regions you pass. In the afternoon you reach Taormina station, where local hosts meet you and accompany you into town.

How does this itinerary differ from the Sicily to Rome journey via Maratea?

The difference is the second-day stop: this version calls at Naples instead of Maratea on the coast of Basilicata. Naples gives you an evening in a large, vivid city with its historic centre, churches and food culture, while Maratea is a quiet coastal town. Both are 3-day, 2-night journeys between Palermo and Rome with a stop in Taormina.

Does the train cross to the mainland on a ferry?

Yes. On the morning of the second day the train is dismantled and carried onto a ferry for the passage across the Strait of Messina, then reassembled on the mainland side. From the deck you watch the sparkling water dividing island from mainland. It is one of very few luxury rail journeys in the world that includes a sea crossing.

What can I do during the evening stop in Naples?

The train reaches Naples in the early evening, where local hosts welcome you and accompany you into the heart of the city. The evening is at your leisure: explore the historic streets, or take one of the curated dining and cultural experiences offered a la carte. You return to the train for the final night on board.

Which curated experiences can I add in Sicily?

A selection of a la carte experiences is offered alongside the included stops. In Sicily these include a guided walk through Taormina's Greco-Roman streets and a visit to Castelmola, the hilltop village above the Ionian coast with its cobbled alleys, medieval churches and panoramic terraces. These options are chosen and paid for separately from the journey fare.

Where and when does the journey end?

The train arrives in Rome on the third day, after a final breakfast served in your cabin or in the Restaurant Car. You disembark in the capital, which makes it easy to continue with a hotel stay or a flight home. We can arrange additional nights in Rome if you would like to extend.

What cabin categories can I choose on this journey?

> The itinerary is sold in two categories, the Deluxe Cabin and the Cabin Suite. The train comprises 12 Deluxe cabins, 18 Suites and the La Dolce Vita Suite, with interiors inspired by Italian design of the 1960s. Live availability by category is shown on this page.

How much does the Palermo to Rome journey via Naples cost?

> Fares start from EUR 6,120 per person based on two sharing a cabin. The final figure depends on the cabin category you pick, and the exact fare for the departure is shown on this page. All meals, selected beverages and the off-train experiences in the itinerary are included in that price.

Can a solo traveller book a cabin?

> Yes. A cabin can be taken for sole use at a single-occupancy fare, which is higher than the sharing rate because the full cabin is withdrawn from sale. The rate for the departure is shown on this page. Contact us and we will confirm the single fare and whether a cabin is still open.

What is covered by the fare?

> Your cabin on board, all meals with menus curated by three-Michelin-starred Chef Heinz Beck, selected beverages, the off-train excursions described in the itinerary, live entertainment in the Bar Car and a dedicated cabin steward are all included. Once you board, the on-board side of the journey is fully taken care of.

What is excluded from the price?

> Getting to Palermo and travelling onward from Rome are not included, nor are personal expenses, gratuities or travel insurance. Optional a la carte experiences in Taormina or Naples are charged separately. Anything not expressly listed in the itinerary is outside the fare.

Who creates the food served on board?

> The menus are curated by three-Michelin-starred Chef Heinz Beck, who reimagines Italian culinary heritage using seasonal ingredients drawn from the regions the train travels through. Breakfast, lunch and dinner are all included, and breakfast can be served in your cabin or in the Restaurant Car. Special dietary needs can usually be arranged with notice.

What is there to do on board between stops?

> Much of the pleasure is simply watching Italy pass from your cabin or the Restaurant Car. In the evenings the Bar Car comes alive with live music and included selected beverages, and a dedicated steward looks after your cabin throughout. The pace is deliberately unhurried, which is much of the point of this train.

What deposit is needed and when is the balance payable?

> A deposit of 30 percent of the tour price confirms your cabin and is non-refundable. The balance is due 125 days before departure, and bookings made within 125 days of departure are payable in full at the time of booking. Your written confirmation shows the exact amounts and the dates they fall due.

Can children come along on this journey?

> Yes. Children under 5 and children aged 5 up to 12 have their own reduced rates, with the age assessed at the date of departure. They share the cabin with the adults they are travelling with, so cabin capacity is the practical constraint. Give us the ages and we will quote the family total precisely.

Which departure date is on sale for this itinerary?

> The departure currently loaded for this routing is 9 November 2026. The live list on this page always shows what is actually open for sale, with the fare for each cabin category. If you have different dates in mind, other La Dolce Vita routings run through 2027 and we can suggest one that fits.

Which airports should I use for a Palermo start and a Rome finish?

> Flights are not part of the fare. Most guests fly into Palermo's airport, which has connections through Rome and other European hubs, and depart from Rome Fiumicino at the end. A private transfer takes you from your Palermo hotel or the airport to the station on the first morning.

How much walking does this journey involve?

> The train portion is effortless, but the stops are on foot: Taormina is a cliffside town with cobbles and slopes, and Naples involves walking its historic streets. Nothing is strenuous and local hosts accompany you, but comfortable shoes matter. Tell us about any mobility needs when you book and we will pass them on.

How do I ask a question or book La Dolce Vita Orient Express: Sicily to Rome via Naples?

> Email travel@palacetours.com, call 786-408-0610 or message us on WhatsApp at https://wa.me/17864080610, where a travel specialist or our AI assistant will reply. The departure shown on this page can be booked directly. We can also hold a cabin for a short time while you sort out flights.

Ready to Book Your Journey?

Contact Palace Tours for personalized rates and departure dates

travel@palacetours.com | 786-408-0610

www.palacetours.com

500 S. Federal Hwy, Unit 3852, Hallandale Beach, FL 33008