

PALACE TOURS

La Dolce Vita Orient Express: Rome to Sicily via Naples

2 Nights • Luxury Experience

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ABOUT THIS TOUR

Overview

A one-way journey south from Rome to Palermo, combining the energy of Naples with the drama of Sicily. You depart Rome Ostiense in the morning after time in the private lounge, with a tasting lunch by three-Michelin-starred Chef Heinz Beck as the Tyrrhenian coast comes into view.

The first stop is Naples, for its piazzas, royal palace, galleries and street life. On day two the train is carried by ferry across the Strait of Messina, a rare moment between sea and sky, and continues to Taormina on its terrace above the Ionian Sea. The journey ends in Palermo on day three. A natural start to a longer Sicilian holiday.

Hotel on us: book this journey with Palace Tours and choose a hand-picked hotel in Rome before and/or in Palermo after your journey.

DAY BY DAY

Your Itinerary



DAY 1

ROME AND NAPLES

A private transfer from your hotel or the airport brings you to the La Dolce Vita Orient Express lounge, discreetly tucked inside Rome Ostiense Station. In the morning, the train departs, gliding through the sunlit hills of Lazio, with the Tyrrhenian Sea occasionally appearing beyond the window. Lunch is served on board: an elegant tasting menu by 3-Michelin-starred Chef Heinz Beck, celebrating seasonal Italian ingredients with contemporary finesse. In the early afternoon, the train arrives at Napoli Centrale, where a private transfer will accompany you into the city. The afternoon is yours to enjoy: stroll Naples' storied streets, uncover artistic gems, or choose from our curated à la carte experiences.

As evening falls, return to the train and settle into the rhythm of the rails.

Dinner is a highlight: a multi-course creation by Chef Heinz Beck, reinterpreting Italian culinary traditions with bold precision. Fine wines are paired to complement every dish and moment.

After dinner, the Bar Car invites you to unwind with live music, singer and piano.

DAY 2

TAORMINA



Wake up to the gentle rhythm of the train and enjoy breakfast in your cabin or in the elegant Restaurant Car. In the morning, the train embarks on its iconic passage from the Italian mainland to Sicily, crossing the shimmering Strait of Messina. As the train boards the ferry, the landscape opens wide to sweeping views of the Mediterranean, a rare and unforgettable moment suspended between sea and sky.

Lunch is served on board, featuring a refined menu by Chef Heinz Beck, inspired by Sicilian flavors and seasonal ingredients. In the afternoon, the train arrives at Taormina station. Local hosts will accompany you to the heart of Taormina. Enjoy the rest of the afternoon and evening at your leisure. Explore the town, relax with a view of the sea, or choose from a selection of à la carte experiences.

Later in the evening, return to the station for departure. Back on board, the night unfolds with live music in the Bar Car, the perfect finale of the day.



DAY 3

PALERMO

Begin your day with a rich breakfast, served either in your cabin or in the elegant Restaurant Car. Freshly baked pastries, seasonal fruits, artisanal cheeses, and expertly brewed coffee set a graceful tone for the morning.

As the train arrives in Palermo, the final destination unfolds in a blend of history, sunlight, and Sicilian charm.

The journey comes to an end, but its essence lingers. In the flavors, the landscapes, and the quiet luxury of time well spent. A chapter closes, leaving behind the soft imprint of beauty in motion.

HELPFUL INFORMATION

Tips & Travel Guide

Extend your journey

You can add days in Rome before the train and in Palermo and western Sicily after it. Here are three suggested lengths:

- **4 days:** 2 days before the train and 2 days after
- **5 days:** 2 days before and 3 days after
- **6 days:** 3 days before and 3 days after

Before the train: Rome

- **Day 1:** Arrive in Rome and transfer privately to your hotel. In the evening, walk to Piazza Navona, the Pantheon and the Trevi Fountain.
- **Day 2:** Visit the Vatican Museums, the Sistine Chapel and St Peter's Basilica with a private guide, then spend the afternoon at the Colosseum and the Roman Forum.
- **Day 3 (6-day option):** See the Borghese Gallery in the morning, then spend the afternoon and evening in Trastevere.
- The next morning, transfer to the station to board La Dolce Vita Orient Express.

After the train: Palermo and western Sicily

- **Day 1:** Transfer to your hotel in Palermo. In the evening, stroll the old town and try Palermo's street food.
- **Day 2:** See the Norman Palace and the Palatine Chapel, then visit the golden mosaics of Monreale Cathedral.
- **Day 3 (5- and 6-day options):** Spend a day at the Valley of the Temples in Agrigento, a UNESCO World Heritage Site.
- The next day, transfer to the airport or your onward train.

We arrange the hotels, private transfers and guides around your train dates, and we can change any day to suit you. Prices are on request, and we have special offers on add-ons for this journey.

To request an extension, send us the enquiry form on this page and tell us which option you would like, or call 800-724-5120 (toll-free in the US) or +1 786-408-0610 from outside the US. You can also message us on WhatsApp at +1 786-408-0610.

DATES & PRICING

Departure Dates & Rates

DEPARTURE DATE	CLASS / CABIN	SINGLE	DOUBLE (PP)
Apr 22, 2027	Cabin Suite	**€16,728**	**€9,840**
	Deluxe Cabin	**€12,648**	**€7,440**
	Cabin Suite Early Bird	**€16,578**	**€9,690**
	Deluxe Cabin Early Bird	**€12,548**	**€7,340**

Rates shown in Euro (EUR). Approximate USD equivalents available upon request.

Rates shown are per person. Single rate applies to single occupancy; Double rate applies per person in double occupancy.

EARLY BIRD FARES

Book early, pay less

Plan ahead and you'll pay less for exactly the same journey. Every cabin on this tour has an Early Bird fare. Look for it in the booking calendar, right next to the regular fare: it is labelled "<cabin> Early Bird".

6 MONTHS OR MORE BEFORE DEPARTURE

Save up to €250

per person

3 TO 6 MONTHS BEFORE DEPARTURE

Save up to €150

per person

INSIDE 3 MONTHS

Regular fare

the Early Bird fare closes

CABIN	REGULAR DOUBLE (PP)	EARLY BIRD, 6+ MONTHS AHEAD	EARLY BIRD, 3–6 MONTHS AHEAD
Cabin Suite	**€9,840**	**€9,590** save €250	**€9,690** save €150
Deluxe Cabin	**€7,440**	**€7,290** save €150	**€7,340** save €100

Double fares per person, two sharing. The saving depends on the cabin's regular price per person: €250 / €150 on journeys from €8,000, €150 / €100 from €5,000, and €50 on shorter trips. It's the same cabin, the same itinerary and everything included as before. The only difference is the price. Early Bird fares are limited to the cabins on each departure and close automatically. If you already know your dates, now is the time to book.

🏷️ **Look for Coupons and Special Rates on our website.**

Visit https://www.palacetours.com/tour/ldv-rome-to-sicily-via-naples for the latest information.

IMPORTANT INFORMATION

Terms & Conditions

Booking & Payment

- **Deposit:** 30% of the total tour cost is due at the time of booking. The deposit is non-refundable.
- **Final payment:** the balance is due no later than 125 days before departure.
- Bookings made within 125 days of departure are payable in full at the time of booking.
- Fares are per person. Your written confirmation shows the exact amounts and due dates.

Cancellation

- **125 days or more** before departure: 30% of the total tour cost (the deposit)
- **Less than 125 days** before departure: 100% of the total tour cost

Changes

- **Date change:** free of charge, subject to availability, when requested 125 days or more before departure; after that, a fee of 15% of the total tour cost applies.
- **Cabin upgrade:** only the fare difference between cabin categories applies.
- **Cabin downgrade or passenger name correction:** free of charge up to 35 days before departure; within 35 days, EUR 500 per change.

Changes or cancellation by the train operator

If the train operator cancels or materially changes a departure, you will be offered a new date or an amended booking, a credit toward a future journey, or a refund of the amounts paid.

All cancellation, change, or update requests must be submitted in writing by email to travel@palacetours.com. A request takes effect only once we have received and processed it, and we will confirm the outcome to you in writing. Timeframes are calculated by reference to local time and business days at the destination; a request received outside business hours is treated as received on the next business day.

We strongly recommend purchasing travel insurance, including cancellation cover, from the moment you pay your deposit. For information on available plans, please visit www.palacetours.com/insurance.

COMMON QUESTIONS

Frequently Asked Questions

What is the route of the Rome to Sicily journey via Naples?

It is a one-way 3-day, 2-night journey running Rome - Naples - Taormina - Palermo, with both nights spent on board. You leave Rome on the first morning, spend the afternoon and evening in Naples, cross to Sicily by ferry on the second day and finish in Palermo. The route takes in the Lazio hills, the Tyrrhenian coast and eastern Sicily.

How does the first day from Rome unfold?

A private transfer brings you from your hotel or the airport to the La Dolce Vita lounge inside Rome Ostiense station. The train departs in the morning through the sunlit hills of Lazio, with the Tyrrhenian Sea appearing now and then beyond the window, and lunch is served on board as a tasting menu by three-Michelin-starred Chef Heinz Beck. In the early afternoon you reach Napoli Centrale and a private transfer takes you into the city.

What can I see in Naples during the stop?

The afternoon and evening in Naples are yours, and curated a la carte experiences are available with an expert English-speaking host. One option is a panoramic tour of Piazza del Plebiscito, the Royal Palace and the San Carlo Theatre from outside, a walk through the Galleria Principe Umberto, and guided access to the Cathedral of Naples and the Treasure of San Gennaro. These experiences are booked and paid for separately from the fare.

Does this itinerary include the ferry crossing to Sicily?

Yes. On the second morning the train makes its passage from the mainland to Sicily across the Strait of Messina, with the carriages carried aboard a ferry. The landscape opens onto sweeping Mediterranean views, a rare moment suspended between sea and sky. It is one of the most memorable parts of the journey.

What happens in Taormina on day two?

The train reaches Taormina station in the afternoon and local hosts accompany you to the heart of the town, famous for its ancient theatre, its views of the Ionian Sea and Mount Etna, and its elegant streets. The rest of the afternoon and evening is at your leisure, exploring freely or taking a curated experience. Lunch that day is served on board with a menu inspired by Sicilian flavours.

Where does the journey finish?

The journey ends in Palermo on the third day, Sicily's capital and a city of markets, cathedrals and Arab-Norman architecture. Disembarking there puts you well placed to continue exploring the island or to fly onward. We can arrange extra nights in Palermo or a wider Sicily itinerary if you would like more time.

How does this compare with the Rome to Sicily journey that stops at Maratea?

> Both are 3-day, 2-night journeys from Rome to Palermo with a Taormina stop, but the second call differs. This version spends an afternoon and evening in Naples, a large city with deep traditions and famous food, while the other calls at Maratea, a quiet coastal town in Basilicata. The Naples version also runs in late autumn and spring, whereas the Maratea routing is a summer-season journey.

What cabin categories are sold on this itinerary?

> You can book either a Deluxe Cabin or a Cabin Suite. The train is composed of 12 Deluxe cabins, 18 Suites and the La Dolce Vita Suite, all styled after Italian design of the 1960s. What remains open on each departure is shown on this page.

What does this journey cost?

> Fares start from EUR 7,440 per person based on two people sharing a cabin. The exact figure depends on the cabin category and the departure, and every departure on sale is priced individually on this page. All meals, selected beverages and the included off-train experiences are covered by that fare.

Is single occupancy possible?

> Yes, a cabin can be booked for one guest at a single-occupancy fare. It is higher than the per-person sharing rate because the entire cabin is removed from sale. The rate applying to each departure is shown on this page, and we can confirm it and check availability for you.

What is included in the fare?

> Included are accommodation on board in your chosen cabin, all meals with menus curated by three-Michelin-starred Chef Heinz Beck, selected beverages, the off-train excursions described in the itinerary, live entertainment in the Bar Car and a dedicated cabin steward. There is very little left to pay for once you are on board.

What is not included?

> Travel to Rome and onward travel from Palermo are not included, nor are personal expenses, gratuities or travel insurance. Optional a la carte experiences in Naples or Taormina are charged separately when you select them. Anything not expressly listed in the itinerary lies outside the fare.

Are all meals included on board?

> Yes. Breakfast, lunch and dinner are served on board every day and are part of the fare, with menus curated by three-Michelin-starred Chef Heinz Beck around seasonal Italian ingredients. Breakfast can be taken in the privacy of your cabin or in the Restaurant Car. Let us know of any dietary requirements in advance.

What are the evenings like on board?

> After dinner in the Restaurant Car, the Bar Car takes over with live music that rolls through the night and selected beverages included. It is a relaxed, sociable space in the spirit of Italy's golden age of rail travel. Your cabin steward looks after you throughout, so a quiet night in is equally easy.

How much is the deposit and when is the balance due?

A deposit of 30 percent of the tour price confirms your cabin and is non-refundable. The balance is due 125 days before departure, and bookings made within 125 days of departure are payable in full at the time of booking. Your written confirmation shows the exact amounts and the dates they fall due.

Can children travel on this journey?

Yes. Reduced rates apply to children under 5 and to children aged 5 up to 12, with the age taken at the date of departure. Children share the cabin with their accompanying adults, so the cabin category determines how comfortably a family fits. Send us the ages and we will price the booking exactly.

When does the Rome to Sicily via Naples itinerary operate?

Departures currently run from 6 November 2026 through 22 April 2027, with four dates on sale. That makes it an autumn, winter and early-spring alternative to the summer coastal routings. All available dates and their fares are listed on this page.

Which airports suit a Rome start and a Palermo finish?

Flights are not included in the fare. Most guests fly into Rome Fiumicino, Italy's main long-haul gateway, and depart from Palermo's airport, which connects onward through Rome and other European hubs. A private transfer from your Rome hotel or the airport to the lounge at Rome Ostiense is part of the journey.

How physically demanding is the journey?

The train itself asks nothing of you, but the stops involve walking: Naples means the historic streets of a busy city, and Taormina is a cliffside town with cobbles and slopes. There is no strenuous activity and local hosts are with you, but comfortable shoes help. Tell us about any mobility needs so we can note them on your booking.

How do I ask a question or book La Dolce Vita Orient Express: Rome to Sicily via Naples?

Contact us at travel@palacetours.com, call 786-408-0610 or message WhatsApp at https://wa.me/17864080610, where a travel specialist or our AI assistant will reply. The departures listed on this page can be booked directly. We can also hold a cabin briefly while you arrange your flights.

Ready to Book Your Journey?

Contact Palace Tours for personalized rates and departure dates

travel@palacetours.com | 786-408-0610

www.palacetours.com

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